The aim of the current PhD thesis is the study of Epictetus’ *Discourses*, as reported by his student, Arrian. The PhD thesis consists of three parts, as it aims to the composition of an introduction on the work and its author, a precise translation in Modern Greek and a thorough commentary. In this context, there will be an analysis of the stoic ideas, focused on vital concepts of stoic philosophy. At first, the concept of prohairesis will be analysed, as rational, conscious and free option of virtue, as well as the concept of freedom, which is related to the distinction between *ἐφ’ ἡμῖν* and *οὐκ ἐφ’ ἡμῖν* - things that we can control and things that we cannot. Furthermore, there will be an investigation of the concept of *eudaimonia*, which derives from the conscious accordance to nature. Of course, practice and the faculty of handling emotions according to nature and handling impressions properly play an important part. According to the Stoics, humans live in a deterministic universe; however they are free. Moreover, the influence of other philosophers, like Socrates and Aristotle, on Epictetus, will be considered: Socrates held the right attitude towards death and Aristotle introduced the key-concept of *prohairesis*, while he focused on the significance of practice and used empirical examples, which were also used by Epictetus. In addition, an approach of cynical philosophy through the stoic prism of Epictetus is worth studying, as well as Epictetus’ criticism towards the Epicureans and the Academics. Finally, particularly important is the influence of Epictetus on Galen, Marcus Aurelius and Christians. In conclusion, the current PhD thesis includes a translation of *Discourses* in Modern Greek, with an introduction and a thorough commentary.